Friendly Reminders for Parents/Guardians from NBPS Health Services

Please keep your child home from school and contact your school nurse if:

Your child or someone in the household is being tested or has tested positive for COVID-19.

Your child or someone in the household has been identified as a close contact to someone who tested positive for COVID-19. (A close contact is defined as being within 6 feet of an individual for at least 15 minutes over 24 hours while the person was infectious. The infectious period begins two days prior to symptom

Your child or someone in the household is ill with any COVID-like symptoms (fever 100.0 or higher, chills, cough, shortness of breath or difficulty breathing, muscle or body aches, fatigue, headache, new loss of taste or smell, nausea, vomiting, diarrhea, sore throat, nasal congestion, runny nose).

Your child or someone in the household has traveled outside of Massachusetts. (The Massachusetts travel order requires all individuals entering Massachusetts, including residents, to quarantine for 10 days or produce a negative PCR COVID-19 test result that has been administered up to 72-hours prior to your arrival in Massachusetts. If not obtained before entry to Massachusetts, a test may be obtained after arrival. However, all such arriving travelers must immediately begin the 10-day quarantine until a negative test result has been received. Testing for children, 10 years and younger, who are traveling with an adult from their household is not required. Children 10 years and younger should mimic the quarantine requirement and testing options completed by the household adult they accompanied for travel. If the accompanying adult chooses to quarantine, the child must also quarantine. If the accompanying adult chooses to obtain a test, the child and adult must quarantine until the adult's negative test result is received).